

Frankfurt 2011 Rights List

Frei Fernando Ventura
Joaquim Franco

DO EU SOLITÁRIO AO NÓS SOLIDÁRIO

Reflections about life, about man, the
crisis of values in society

Intimate talk and no preconceptions about God, Man and
World. Ramblings and thoughts on current affairs to travel
to the past to better be able to set a path for the future.

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Frei Fernando Ventura, a Capuchin Franciscan, was born in 1959. Theologian and biblical scholar, was Professor of Religious Studies in IS CRA in Aveiro. It's interpreter at the International Theological Commission of the Holy See collaborates, as a translator, with several international organizations such as the Capuchin Order, the SFO and the Biblical World Federation. It belongs to the framework of the magazine Biblical writers, where signs articles of theological study. First author of the study of Mary in Islam, launched the book Screenplay Reading the Bible (Editorial Presence). He gives courses and retreats, travels the world, invitation or invitation talks, as a translator. It is a frequent commentator on topical social and religious SIC Noticias. TSF chose him as a "figure of the year" in 2010.



**Portugal: Verso da Kapa
(June 2011).
More than 20.000 copies
sold**

Joaquim Franco, journalist of the SIC, was born in 1967. He was part of the team that founded the News in 2000 SIC. He graduated from the CENJOR. He specialized in religious topics, which has devoted particular attention to news reports, debates and interviews. Is connected to the Degree in the Science of Religions ULHT (Lusophone University of Humanities and Technologies). Won an Award Media / Radio report by the Third Age of Innocence, issued at the TSF. It was one of the special envoys of the TSF to East Timor in 1999, a work that earned the distinction of a radio Parliament. He received honorable mention in the documentary Impresa John Paul II, Pope # 1 overall in the CIS issued and distributed by the newspaper Expresso. Launched in 2010 Reading the book (im) possible for a visit (Lusophone College Editions) on Benedict XVI's trip to Portugal

Women / Psychology

Zulma Reyó

The Inner Woman

Published in English by Full Court Press in the U.S., *THE INNER WOMAN* is a work which explores the ways in which each woman is capable of unleashing her own creativity. During thousands of years womankind has tried to define itself according to masculine patterns, getting caught up in the struggle between sexes and ending up by competing against men, forgetting that women's power, which is often difficult to explain, is of a completely different nature.

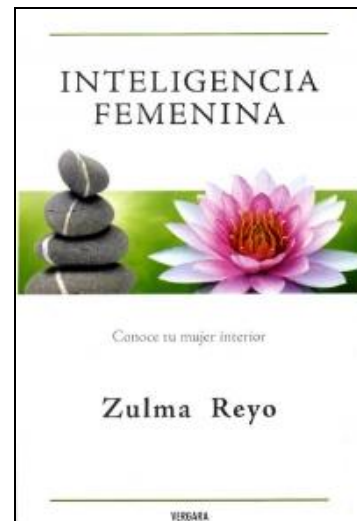
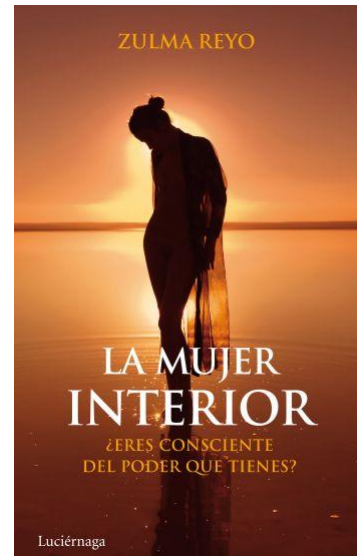
The book is structured into three parts:

1. A series of dialogues under the heading of the "Mother" principle, in which the issues which most concern women are addressed: why we have such a hard time communicating with men, why we suffer so much, and why we so often confuse reality with our fantasies...
2. The second part deals with the requirements for feminine initiation, and proposes exercises for developing our intuition and acknowledging our own specific traits.
3. The third part assembles a series of meditations aimed at fostering feminine wisdom and spirituality in daily life.

www.inner-woman.com

Zulma Reyó was born into a Puerto Rican family living in Manhattan. During her childhood she travelled extensively throughout Latin America, thus achieving perfect fluency in Spanish. She got her degree in Romanesque languages and literature from the New York University. As a result of her travels and the people who marked her in some way as she was growing up, she became interested in psychology during the sixties, and it was then that she met the author of *The Primal Scream*, Arthur Janov, who would become her teacher. She learned how to use body therapies to help people get in touch with their innermost emotions and learn to know themselves. She has also developed her own methodology which is called "Inner Alchemy".

At present she lives in Palma de Mallorca. You can visit her website at www.zulmareyo.com



Spain: Luciérnaga
Latin America: Ediciones B
Mexico
US: Full Court Press

English translation
available



Salvador Badillo

Blessed Karma!



Salvador Badillo is one of the country's greatest experts on Martial Arts and combat techniques, holding the International Master rank and the 6th Degree Black Belt of Aikido, awarded to him by the International

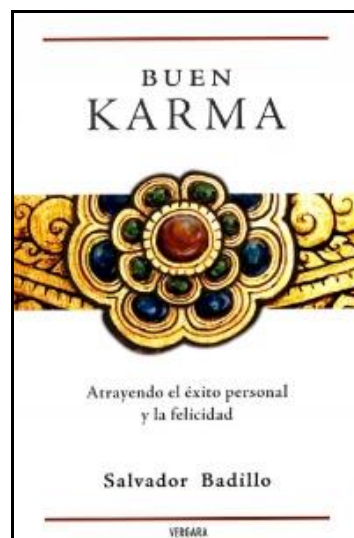
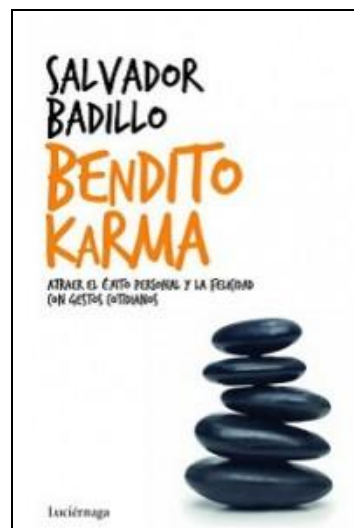
Federation of Martial Arts. He has trained elite police forces at the Autonomous University of Barcelona and at the County Council of Barcelona. He is the author of the book *Conecta con tu guerrero interior*, and is also a renowned expert on Buddhist meditation techniques.

Salvador has also worked creating and scriptwriting several documentary films, and at present he is a guest professor at several universities and in public administration centers where he teaches civil servants and police forces verbal and non-verbal communication, mediation and negotiation skills, stress control, and management and leadership skills. He also offers Sento-Ryu Aikido elite combat and defense training courses in various martial arts schools.

He is the author of several books dealing with coaching, personal development, hypnosis and martial arts. He lives and works in Manresa, Barcelona.

This is a book of an eminently practical nature in which the author, resorting to his own personal and professional experiences and knowledge, guides us in the adventure of discovering our better selves, taking as the starting point the idea that any search begins within oneself and then expands outwards, not the other way around. The book is set up in two well differentiated parts. In the first half, the book offers a solid foundation built on clear and easy-to-grasp theories, with a straightforward writing style that is suited to all reader types. In the second part, it offers exercises which help the readers to implement each and every aspect contemplated in the theoretical part. In a completely innovative way using an amenable, familiar approach, the author makes us dive into a world which many of us are not acquainted with: our inner selves. The author prods us to fulfill the potential of our being from our deepest recesses, to allow for this to have repercussion in our surroundings.

¡BENDITO KARMA!, is not just a self-help book about personal growth; it is also a fresh breath of air for anyone who is restless and wishes to look inward to bring out his or her best, most evolved facet forward.



Publication date: February 2011

Spain: Luciérnaga
Latin America: Ediciones B
Mexico

Inspirational Narrative / PNL

Pedro Vieira

The magician who didn't believe in magic

Transform life's challenges into opportunities for growth

Peter (the book's protagonist) runs into an old university friend who invites him to participate in a conference on communication. Once he's overcome his initial skepticism and under the guidance of his friend who acts as his coach (without his name being mentioned even once), Peter embarks on a process of personal, professional and family transformation. As the chapters progress, Peter begins to discover the fundamental principles of Neuro-linguistic Programming (NLP) which help him have a better grasp of the mechanisms of human conduct while improving communication processes between individuals. To achieve this, Peter's friend gives him the task of creating a blog in which Peter is supposed to jot down the progress he makes day by day; moreover, he hands him a mysterious deck of black cards, under the condition that Peter investigates each of the cards when asked to do so; in this way, Peter gauges each of the NLP principles and learns to implement them in his personal and professional life.

http://www.bertrand.pt/catalogo/detalhes_produto.php?id=281966

<http://www.pedrovieira.net/>

The author

Pedro Vieira loves to think about how we can achieve the objectives we set for ourselves. He is an expert on using our mental resources to maximize results in different areas of our lives. He has worked as a manager of a multinational company and at present is the CEO of Life Training, a company that trains executives in NLP techniques.

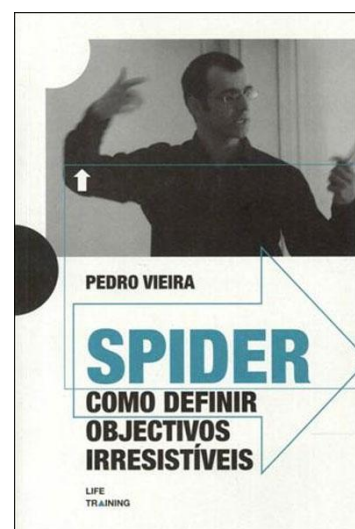


Publication date: February 2011

Portugal: Pergaminho

Spanish (World): Temas de Hoy (Planeta)

To be published soon by Pergaminho:



Harold Zúñiga

Effective Public Speaking Once and For All

Self-training for more effective public speaking

A well-modulated voice that rings loud and clear invests one with greater credibility. Most people are unaware that training one's voice for greater clarity implies focusing on certain specific areas related to our insecurities, which is why this process is such good training for dealing with our fears and insecurities in a more effective manner.

The book highlights specific exercises which have to be repeated over and over again, for it's a well-known fact that practice makes perfect. This is a handbook for self-training. Unlike other handbooks based on giving advice such as: "Enunciate clearly", "Don't use crutches when speaking", "Get to the point", this book teaches the "how to" of better pronunciation, getting rid of crutches, using pauses to one's benefit, and becoming more direct and interesting.

There's a classical saying about rhetorics: "When Cicero would finish talking, the people would approvingly say 'How well he puts things!', but when Demosthenes spoke, the people would say 'Let us fight against the enemy!'" And this clearly had to do with the way in which Demosthenes addressed the crowd listening to him. If you have any doubts regarding this point, then just consider what happens to a presentation written by experts (which would score a ten as an article) which is then presented by the most boring person you know; don't you think even the sheep would fall asleep?

This handbook is for all the individuals who want to develop their public speech skills, be they conference speakers, businessmen, politicians, teachers, or other professionals who needs to use their voice as a tool, either sporadically or on a regular basis, to speak in front of other people. Although it is not a treatise on voice as such (for this is not the book's intention), its contents will certainly be of interest to speech therapists, actors and drama students.



Publication date: Spring 2012

Spain: Temas de Hoy (Planeta)

Latin America: Oceano Mexico

Harold Zúñiga

He has a Bachelor's degree in performing arts from RESAD (Real Escuela Superior de Arte Dramático y Danza) in Madrid, and he studied a postgraduate course on voice rehabilitation at the ISEP (Instituto Superior de Estudios Psicológicos) in Barcelona.

Moreover, he is a certified coach by the ICF (International Coaching Federation), and member of the ICF España. He also holds a coaching diploma from the EEC (Escuela Europea de Coaching) teams.

Ex ballet dancer, with extensive training in body techniques, vocal techniques, and voice training, Harold is now a well-renowned public speech skills trainer for corporation such as BBVA, The Boston Consulting Group, Pfizer, Merck, Ministry of Economics and Financing, Celgene, Iberdrola, Cemex, La Caixa, BMW, KPMG, IMS Health, Philips, etc.

Xavi Demelo

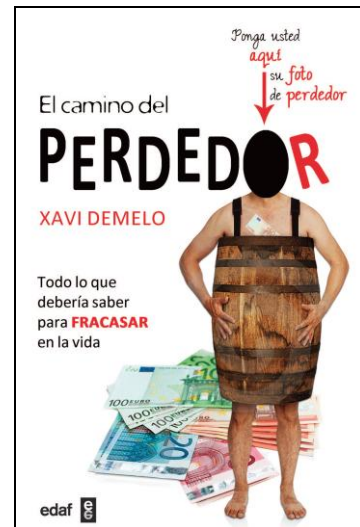
El camino del perdedor (The Loser's Way)

All you have to do to get away from true happiness and become a genuine loser

«Being a loser is not easy. God knows I've given it a good shot during most of my life, and I have flopped miserably in the attempt. I have failed in the arduous task of being a failure, if you'll excuse the redundancy. And this is so despite having all the tools, weapons, and circumstances that the reader can imagine on my side: a painful childhood, a complicated personality, a strict upbringing in a religious school with an asphyxiating atmosphere, a perverse mentality, weak willpower, a sub-zero work capacity, an inexistent discipline, a long list of botched love relationships that would make even the most libertine blush, a period of convulsive changes in politics, society, and even in collective thinking which I have lived through, the keeping of companies that even the devil would feel at home with, hobbies and book readings ranging from negative downwards, ethics improvised along the way and according to the whims of my exacerbated egocentrism, an absent generosity, an empathy that vamoosed in the sixties of the last century and didn't come back until the end of the nineties, a delirious imagination absolutely incapable of understanding anything in the material world, a collection of addictions to artificial paradises that would make Bukowski, Burroughs and so many other cursed writers green with envy, a boundless cowardice, limits especially designed to be trespassed at the flick of a coin, a sense of inferiority akin to that felt by a pigmy upon meeting a Nordic explorer who has come on a safari hunt, a tremendous capacity to add guilt to life's burden, a humongous ego, etc.»

A step-by-step handbook for self-destruction that will be a source of inspiration to those who want to know what has led them to feel wretched. It includes negative statements and exercises that are meant to wreak havoc on one's self-esteem.

Xavi Demelo (Barcelona 1964) is a comedy actor, story-teller and theater scriptwriter. He has many years of experience in the performing arts. He is also a yoga teacher, therapist and coach. He teaches public speech skills and how to overcome artists' and actors' block.



Spanish (World): Edaf
(October 2011)



www.xavidemelo.com

Some of the rules (laws) included in the book:

LAW OF EVER-GROWING SCARCITY

Never give anything to the needy, lest you discover that what's been given grows twofold.

BUSY INTERIORS LAW

Keep your inner world fully occupied with stupidities so that nothing can happen in your exterior world.

TOSSING BALLS OUT OF COURT LAW

To err is human, but to blame someone else is even more human.

Parenting / Internet

Pere Cervantes and Oliver Tauste

Relax, Mom and Dad

How to Avoid Risks and Protect Minors on Internet

A Policeman's Handbook for Parents and Teachers

Have you ever wondered what your son/daughter is doing in front of his/her computer for so many hours? We can think he or she is studying, or just playing, although it is far more likely that he or she is chatting to school-friends through some social network of Messenger-type program. But do we really know what our kids are up to, or are we simply willing to let them carry on with no more ado?

Internet is full of possibilities for learning, leisure, and culture, a place where one can discover a myriad of interesting things, delve into any subject, or simply have a good time on some social network. But if there is one thing we can state for sure, is that any person can pretend to be someone else online, or in Doctor House's words, "everyone lies". Although this expression may seem very obvious, the fact of the matter is that for many different reasons the prevention and safety measures adopted by many families regarding the use of internet on the part of their children show grave lackings.

The authors

Oliver Tauste (Castelló, 1979). Degree in Employment Relations, Higher Technician of Hazard Prevention and Control in the workplace and civil servant in the National Police Corps for over 10 years. His training in Criminology (UNED) and his more than 8 years of dedication to researching crimes over internet have afforded him plenty of experience regarding the most frequent hazards faced by minors on Internet. He has taken an active role in national-level police crackdowns against the exchange online of juvenile pornography files. He has also organized training programs for civil servants of the National Police, Civil Guard and Local Police Corps on subjects ranging from *Technological and Economic Delinquency* to *Crimes Against Intellectual and Industrial Property*, always placing special emphasis on the risks run by minors on internet, analyzing how to avoid these hazards and what preventive measures to take, both by the police and by parents at large.



Publication date: January 2011

Spanish (world): Ediciones Oniro (Planeta)

Pere Cervantes (Barcelona, 1971). Civil servant of the Ministry of Internal Affairs since 1991 and Peace Observer in the Kosovo and Bosnian Missions for the United Nations and the European Union respectively (1999-2003). With a Bachelor's degree in Law (UAB), and a background as Professional Certified Coach (PCC), Pere has been working as head of a police group specialized in the investigation of crimes committed on internet.

Personal development/ Philosophy

Victor Manuel Muñoz

DISFRUTA LA VIDA

(Possible translation:
Enjoy your Life)

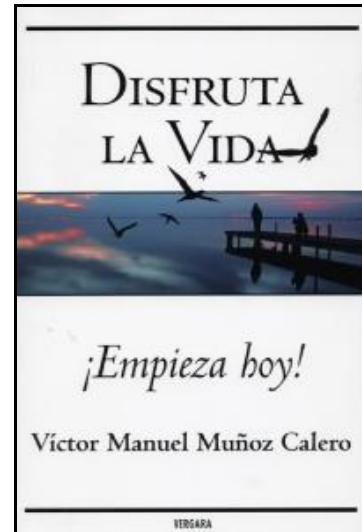
What is wellbeing, exactly? Is it love, health, or perhaps wealth? Over the last few years, the answers I've received from people have been unmistakable; moreover, the message which society at large propounds is loud and clear: «well-being lies within these three concepts».

Our educational systems are geared around economics. Although social wellbeing is an outgrowth of economic factors, when one puts forward the question: "Is that all that's needed?", the answer one gets is: "Not completely!". That is because educational systems don't take into account the importance of delving into one's self and inner awareness. Without this introspection, what one achieves in life has no meaning. Moreover, without this inner search, the three concepts of love, health, and wealth are merely a tremendous effort to haul in big catches of fish on a ship that isn't manned by a real captain. In other words, despite the ship having all the necessary equipment, its lack of a captain makes it capsize in a storm.

Acércate al bienestar is one of those books that will prod you to think about all the concepts which the educational systems have left unheeded. Thereafter, one will no longer be able to claim that ignorance is wholly to blame.

VICTOR MANUEL MUÑOZ was born in Petrer, Alicante, in 1977. He had always shown an interest in literature, Buddhist philosophy, and spirituality, but it wasn't until 2009 that he also showed a leaning towards writing. He has come into contact with many different cultures for professional reasons, and it was precisely thanks to one of these work-related trips that he met a person who urged him to put into writing all the things that he had been learning.

This was what led him to spend a year learning and training at the Writers' School in Madrid, after which time he managed to publish his first philosophical essay.



Published in July 2011
Spanish (World): Ediciones
B Mexico

Rafael Peces

SÍ ES POSIBLE ENCONTRAR TRABAJO (Possible translation: Yes, one can find work)

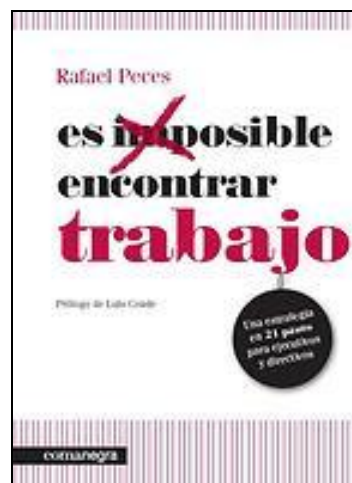
A 21-step self-help program

Rafa Peces has forged his way working as an executive for several companies throughout his professional career. When he was made redundant due to the crisis, the company suggested he put himself in the hands of an executive placement firm. This headhunting firm gave him the guidelines to begin the process of finding a new job. After a few months' time, thanks to his experience and the guidelines marked out for him, Rafa was able to find a work project which appealed to him.

As a result of the success achieved and the determination which Rafa had shown in the process, the consulting firm asked him for help in motivating others who were in a similar situation to his own. Friends and acquaintances were likewise turning to him, asking him for advice on how to look for a new job. This is what finally made Rafa decide to write this book, which summarizes in 21 steps everything a person needs to know to find a job that meets his or her own expectations and worth. The author assures his readers that if one follows this method religiously, the end they're aiming for is sure to be achieved.

The author

Rafa Peces studied at the French Lyceum in Barcelona. He then went on to get a Bachelor's degree in Business Science and a Master in Business Administration from ESADE, and he took the General Management Program at IESE. His more than 20 years of professional experience have convinced him that different sorts of experiences are more enriching than being an expert in just one sector or field. That is why he has worked in fields as diverse as Mass Consumerism (Henkel Ibérica and Mahou-San Miguel), in Distribution (Caprabo) and in Services (RACC). He has been the manager of various departments, amongst which are the Marketing, Trade Marketing, Commercial, International Coordination, Exports, Quality, Market Research and media purchase branches. Great sports lover, he has participated in the Marathon des Sables.



Published in September
2011

Spanish (World), Catalan:
Comanegra



Essay / Psychology

Antoni Bolinches PETER PAN WILL GROW UP

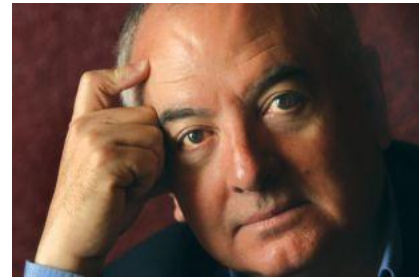
The journey of man-child toward personal maturity

At the beginning of last century, James Matthew Barrie created a wonderful dramatic character. Some years later this work was used to establish a psychological syndrome. The main protagonist of this story is Peter Pan, the boy who would not grow. A century after his birth, his name is used as a synonym for male immaturity and his personality represents a whole generation of men who, in the early twenty-first century, fear the responsibility to take charge of their future.

This book will help the Peter Pan of our time to grow. Peter Pan is a traveler and loves adventure. Antoni Bolinches gives men a chance to take a journey into themselves and, instead of flying to the Neverland, guide its course toward compromise. The key is to accept that the eternal children may become immature and neurotic adults. People cannot stop time and we cannot stop aging, but we can choose how we live our lives. We can use time to learn from. This will allow us to grow as adults. If we do not learn this lesson we can become Peter Pan or Captain Hook, even more terrifying.

The Peter Pan Syndrome

Freud said that "the child is father to the man." With this statement he wanted to alert us to the enormous capacity of childhood to condition our adult life. But we can accept that "man can become his own father." The child may make the future, but not determine it. If we accept this reality we can manage our own lives and not use the past as an excuse to evade the responsibility of building our future. We must believe in this, it's worth living in and lay the foundations for a happy and successful future. This essay aims to establish a new model of interpersonal relationships, family and community in which it is more important to give love than to receive it.



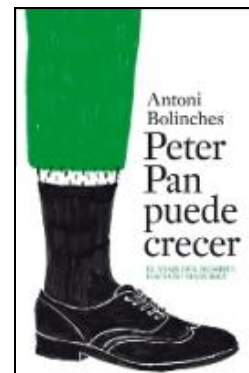
Spanish (world): Random House
Catalan: Edicions 62
Portuguese: Pergaminho

45000 words

Publication: Autumn 2009

«Remember: only being an adult you will be able to heal your childhood wounds».

–Antoni Bolinches



ANTONI Bolinches (Barcelona 1947) graduated in Philosophy and Education and MA in human sexuality. In 1994 he founded the IPAB and in 2004 created the Vital Therapy, a therapeutic approach specifically designed to encourage the growth potential and personal fulfillment. He is professor and coordinator of the Master in Clinical Sexology and Sexual Health, Faculty of Medicine, University of Barcelona and associate professor of the Master of Emotional Education in the Faculty of Education at the University. Member of the Academy of Medical Sciences in Catalonia and of the Spanish Federation of Societies of Sexology. Regular contributor to various media.

Antoni Bolinches

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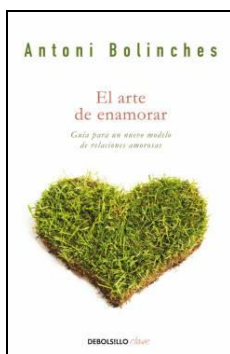
Antoni Bolinches is one of the most prestigious and renowned psychologists in Spain. Human sexology specialist, his work has become the benchmark for all therapists of Latin America.



Ten masters and an apprentice

Knowing what we want and finding a life teacher, that's the main idea behind this book. If you accept there are teachers everywhere you can become an apprentice, and if you learn from others you can later grow yourself.

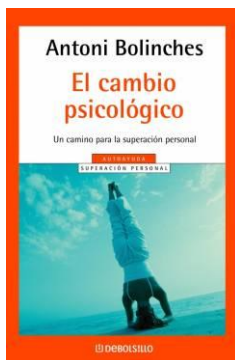
Spanish: Random House / Catalan: Edicions 62



The art of love

Simplifying the dynamics of being in love, we could say that men take the initiative to love and adopt attitudes to seduce women. Man proposes and woman decides. This is the traditional approach of being in love, and is still predominant, although currently moving towards more inclusive settings.

Spanish: Random House / Catalan: Edicions 62 / Portuguese Presença / Japanese: Softbank Publishing



Psychological change

This book is inspired in the clinical and methodological principles that the author used in psychotherapy and shows a clear and systematic way to achieve balance and self-fulfillment through a self-critical review of the mechanisms of defense.

Spanish: Random House / Catalan: Edicions 62



Wise sex

Living with your couple involves many difficulties, because as soon as it strengthens the bond of love begins to perform the three enemies of love: jealousy, infidelity and routine. The problem underlying all these is the loss of sexual interest.

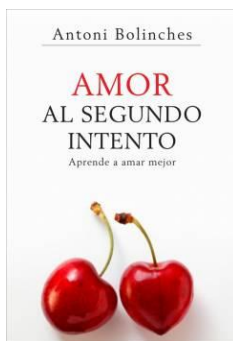
Spanish: Random House / Catalan: Edicions 62



Personal happiness

This book provides guidelines for an inner transformation that will help you to live in peace with yourself, to build a harmonious relationship with your couple and to realize your potential. The path of self-improvement opens a process toward happiness.

Spanish: Random House / Catalan: Edicions 62 /
Portuguese: Temas da Actualidade



Love at second attempt

This book contains not only self-help ways to live together as a couple, but also offers a triple method that since that first enable us to make better choices, then helps us manage problems in our relationships and finally offers an answer to the following dilemma: Is it better to try to improve a relationship that does not work or is it preferable to seek a new relationship that works?

Spanish: Random House / Catalan: Edicions 62



Recipes for a better world

Recipes for a better world is an original idea of "social self help" in which the author develops the idea that what is good for people should be good for society too.

Spanish: Random House

Communication / Inspirational Narrative

Ferran Ramon-Cortés

The Island of the 5 Lighthouses

A travel to the keys of communication

"Do you still have this beautiful retreat in Menorca? Go there and watch your favorite landscape: the lighthouses. They can teach you a lot more than me. Look at them calmly and with eyes wide open ... "

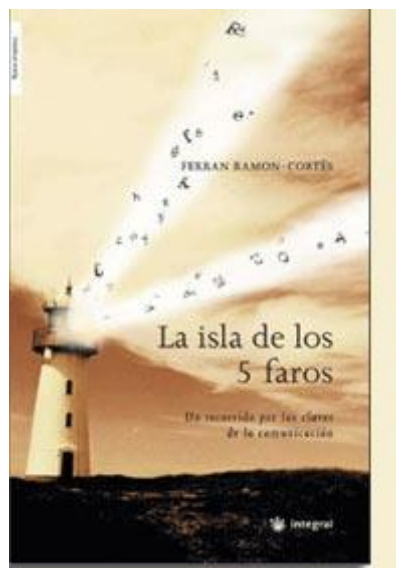
This is what Max, an old friend and professor, said to Ferran after listening to his presentation and seeing that he had not been able to connect with the public.

On the advice of Max, Ferran travels to Menorca in winter. Menorca is a small island in the Mediterranean. The five lighthouses on the island will give you the keys of the communication, the keys to make clear messages and effectively reach to our audience.

This brief history will be useful for those who need to be heard at some point in their lives: teachers, parents, politicians, media ...

Ferran Ramon-Cortés

Ferran was born in Barcelona in 1962. He holds a degree in Economics from ESADE. He has worked in marketing and communications for over 20 years. He currently heads his own school of communication and collaborates with various universities. He is the author of five books. Island of the five lighthouses, published by RBA in Spain in 2002, has sold over 60,000 copies.



Spanish (world): Planeta. **New edition January 2012**

Catalan: Edicions 62

Portuguese: MHIJ

Japan (Aspect Corporation)

Korea (Wisdomhouse Publishing)

Taiwan (Fine Press)

Brazil (Planeta Brasil)

Portugal (MHIJ)

More than 60.000 copies sold in Spain

English translation available



Communication / Inspirational Narrative

Ferran Ramon-Cortés

How to Listen with Your Eyes

5 keys to know others, to
understand them and to connect
with them

This is a book about interpersonal communication. Between you and the others. About how to mentor them and let you be mentored by them. About how we grow up through communication with others in our personal and professional lives.

The main character in this story discovers that he has relationship problems when a colleague says she wants to quit. Then he sees that she is completely unknown for him and decides to develop his communication abilities. He starts to investigate and finally find the answers in his hobby: photography. An old photography manual will give him the keys. From the photographer's position, he will discover how to connect with his colleague and be able to help her.

Ferran Ramon-Cortés

Ferran was born in Barcelona in 1962. He holds a degree in Economics from ESADE. He has worked in marketing and communications for over 20 years. He currently heads his own school of communication and collaborates with various universities. He is the author of five books. Island of the five lighthouses, published by RBA in Spain in 2002, has sold over 60,000 copies.



Spanish (world), Catalan: RBA Libros



Ferran Ramon-Cortés

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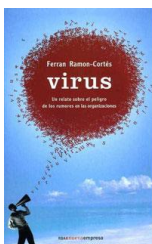
Personal communication specialist, Ferran Ramon-Cortés collaborates with different media and write with other contributors to the weekly supplement of the newspaper El País.



The logbook

Ferran is at a critical point in his relationship with Sonia, his wife. Again, as he did in "The Island of the five lighthouses", he seeks help from his friend and mentor Max, who this time suggests he embarks with his wife in a sailboat out to sea.

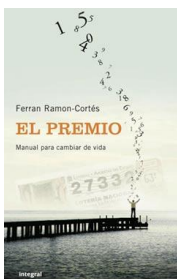
Spanish: RBA Libros / Catalan: La Magrana / Italian / Korea



Virus. A story about the danger of rumors in organizations

In a luxury resort on the Caribbean island of St. John, there has unleashed a strange epidemic. An epidemic that threatens to infect all hotel guests. Like St. John, an epidemic of rumor threatens to destabilize the entire enterprise of the main character in this story.

Spanish: RBA Libros / Catalan: La Magrana / Brasil: Academia / Portugal: MHIJ



The lottery

What would you do if tomorrow you touched one and a half million euros in the lottery? How would your life change? Disenchanted with his profession and in the middle of personal crisis, the protagonist of this story will win the lottery. It's his chance to make a big change, to rewrite the script of his life. To discover and pursue his dream and do what he really wants to do.

Spanish: RBA Libros / Catalan: La Magrana / Portugal: Estrela Polar (Leya)



Conversations with Max

Marta is immersed in a sea of conflict. Conflicts in their relationships at work and his personal life, and have a common origin: her communication problems with others.

Spanish: RBA Libros / Catalan: La Magrana

Memoir

Isabela Simón

Some Lovers May Kill You

A story of abuse, fear and
recovery

This is a memoir about a love relationship that
started in **internet**.

At the beginning everything was perfect. Ana
fell in love through mails and chats. She believed
she had finally met the love of her life. She
married him. But later she discovered that he
was a dangerous psychopath.

She was alone, away from home and she had to
be strong to manage her life. Her deep insight
can be helpful for hundreds of women in a
similar situation.

Isabela Duarte

This is not the author's real name, as she prefers
to save her privacy in order to protect herself
from her ex-husband. She works in publicity
and is very well known in the advertising world
in Latin America.

Spanish edition cover:

**Estás a punto de vivir
una historia de amor
y desamor basada en
la vida real, en mi
propia vida. Este es,
como se suele decir,
un relato basado en
hechos reales, hechos
que por suerte o por
desgracia conozco
de primera mano.
Amores que matan.**

Spanish (world): Random House
Mondadori (January 2012)

Rafael Santandreu

HOW TO STOP BEING WORRIED

The keys to psychologic change
and personal freedom

Are you always thinking terrible things?
We can easily feel depressed, sad or
anxious. In this book you will learn how
to overcome this awful thinking.

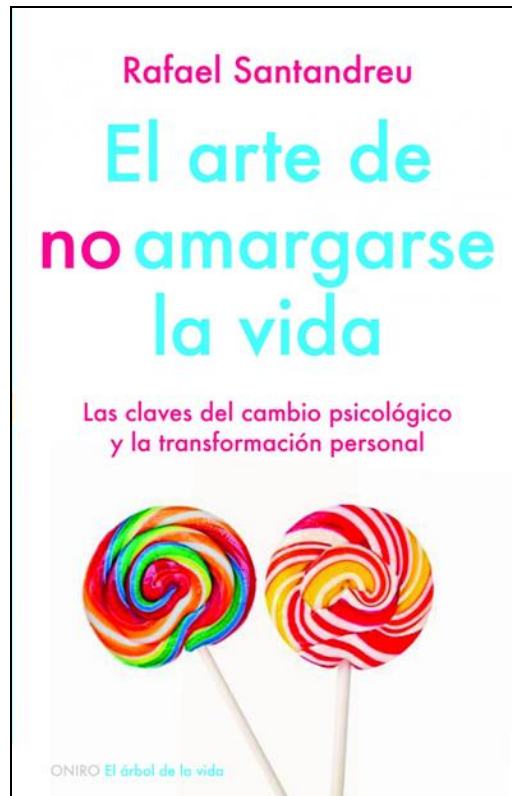
Rafael Santandreu, is a Psychologist and he is
specialized in cognitive therapy. Following his
master's model –Wayne Dyer— he offers a new
method to achieve the psychologic change, to
improve our relationship with ourselves and to
delete all negative thoughts, beliefs and
feelings.

Rafael Santandreu

Rafael Santandreu (www.rafaelsantandreu.es)
is a Clinical Psychologist in Barcelona.

He was also chief editor of MENTE SANA
magazine, an important psychology magazine
in Spain.

He is author of *The Happiness School* (RBA
2009), in which he interviews some of the
leading authors in the psychology arena.



Spanish (world): Oniro (September 2011)

4th edition THE FIRST MONTH

**Among Spanish Amazon's
top ten since publication**

Diet / Inspirational Narrative

Arthur Rowshan

The Diet of the Chinese Princessess

An easy way to get slim with no suffering

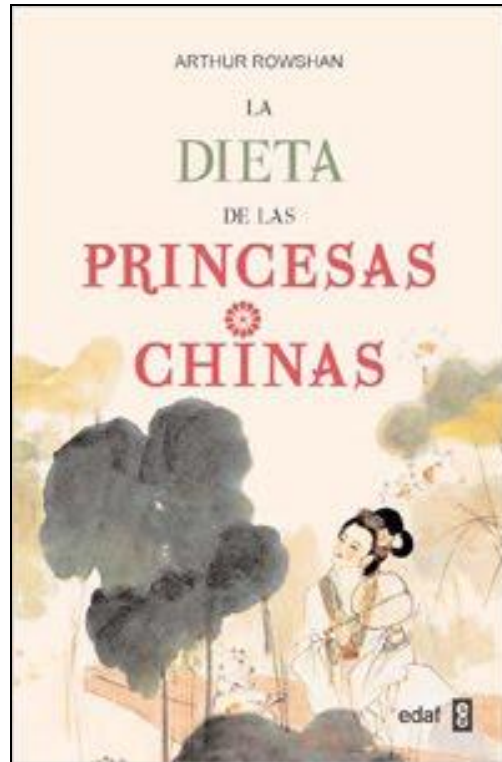
Meifen was an obese Chinese princess. She tried to get slim many times but she always failed. Finally she metes a chinese monk who promises to help her. He teaches her three techniques to loose weight.

4000 years later a young journalist is writing an article about diets. She interviews a cardiologist, a personal trainer and an anthropologist. But she does'nt find the secret to loose weight. One day she meets a Chinese master. He tells her the story about the Princess.

Arthur Rowshan

He was born in Iran and grow up in Italy. Later he studied in Canada and Spain.

He is hypnologist and has written several books about addictions.



Spanish (world): EDAF (June 2011)



Essay / Spirituality

Mónica L. Esgueva ONCE I'M HAPPY



Keys to cope uncertainty and insecurity

Are we going to wait until we have everything under control and until our life is perfect or are we going to allow the possibility of happiness, here and now, exactly where we are, with what we have, with our surroundings, our challenges and discomfort?

Can we be sure that external circumstances will determine our happiness?

We tend to think that the causes of happiness are outside, therefore, out of our reach and influence. Indeed it is very common to believe that money equates with happiness in very many ways. It is actually not as simple as that. Recent research shows that we are less happy today than fifty years ago, even though the average income is twofold. We have never had such wide access to consumption, leisure time and range of pleasures.



If I were happy

66000 words
Spanish (world): Ediciones Urano
Publication: Febrero 2011

Mónica L. Esgueva

A tireless traveler, she has traveled sixty countries, has lived in London, and nearly nine years in Paris. He has spent a total of one year in Asia and six in Africa. Now she has fixed her residence in Madrid, but spends three months a year traveling outside of Europe. Monica studied economics at the Universidad Complutense de Madrid and did a Masters in Foreign Trade. She worked for years at the prestigious INSEAD business school (located in Fontainebleau, France), specializing in executive leadership programs for international.

She studied Buddhism and meditation for a long time with great lamas and Tibetan teachers in India, Nepal and Tibet, and has taught on several occasions with the Dalai Lama in the Himalayas of India.

In the last three years since returning to Spain, has been dedicated to her work as a coach, and works as a teacher in a Masters (MBA) at the University CEU (Valladolid) teaching in the areas of Emotional Intelligence and Leadership. She is also involved in volunteer programs, primarily in the oncology and terminally ill children, which gives her a very direct experience with suffering. Monica is fluent in four languages.

Self-Help / Couple

Esther Varas

Love, Forgive and Forget

5 keys to know others, to understand them and to connect with them

Do your love relationships fail over and over?

Are your relationships complicated?

Can't you forget your ex?

Do you feel angry and frustrated?

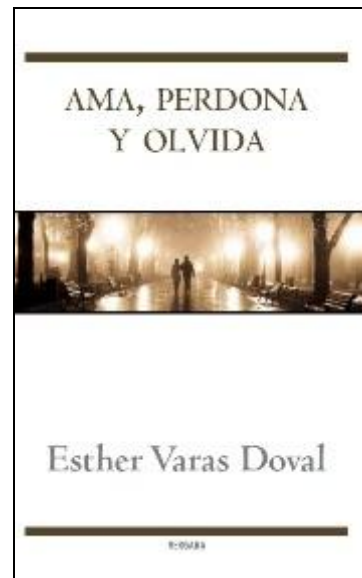
Do you wonder why?

In this book, psychologist Esther Varas shows us the way to face our frustrations and forget our failed relationships; she will bring us a spiritual healing and will teach us how to love ourselves and how to open our hearts to a new love. The goal is to find our inner balance: to forgive ourselves, to love ourselves in order to be able to share our lives with the others. The author uses techniques from Eastern and Western philosophies.

Esther Varas

Esther Varas Doval is a native of Madrid. She is a Psychology graduate (CEU University and Complutense University of Madrid, affiliate member n°M-21409), and also has a Master's degree in Business Administration and Management from ICADE, plus a Master's degree in Psychotherapy from the Spanish Society of Psychosomatic Medicine and Medical Psychology.

In 2009 she received her certification to practice clinical hypnosis from the Spanish Society of Psychosomatic Medicine and Medical Psychology, and since mid 2009 she has been cooperating with the Psinergia Center of Psychology in Murcia, directing personal development, relaxation and self-help workshops.



Spanish (world): Ediciones B de México
256 pages



Animal rights

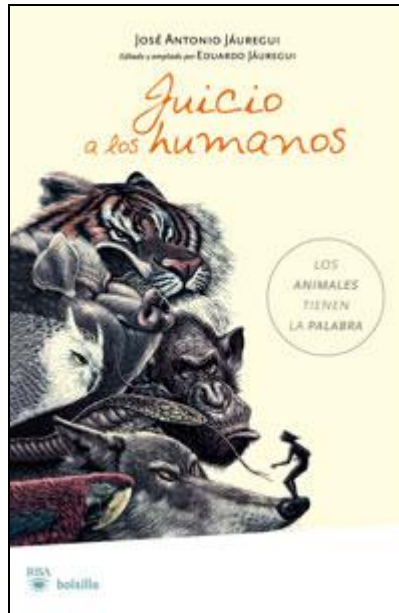
José Antonio Jáuregui
Edited by
Eduardo Jáuregui
**HUMANS
ON TRIAL**

Preface by Jane Goodall

What would animals say about us if they could talk?

The animals on the planet Earth, assembled in a forest, have agreed to hold a special trial. They accuse the crimes committed by human beings: slander, abuse and genocide. The forked tongue of Kali Cobra expose evidence against our species, while the Dog Filos, friend and advocate, will do everything to save us from condemnation. Representatives of various families testify animals, the cow and goat mosquito to the turtle. In the end, Solomon Owl, judge of this unusual trial, must decide ...

Humans on trial, a posthumous first novel by Jose Antonio Jauregui, was conceived over twenty-five years of friendship and joint projects of the famous anthropologist with the naturalist Félix Rodríguez de la Fuente. Upon his death in May 2005, Jauregui had just completed the first full draft, after months of passionate writing. His son Eduardo has edited and expanded the manuscript to raise awareness of the latest work of the eminent thinker.



Spanish (world): RBA Libros

English and German translations available.



José Antonio Jáuregui (1941-2005), thinker, writer and teacher, he dedicated his life to studying the human animal, but always in relation to other species around it. His ideas were translated into television series and books translated into several languages, including Rules of the game: the tribes, brain and emotions, Human identity, learn to think freely and Life is a game. He was an honorary member of the tribe of the Navajo and collaborated on various projects with biologists and naturalists as Félix Rodríguez de la Fuente, Richard Dawkins and Edward O. Wilson.

Inspirational fiction

Pere Cervantes
and Juan Silvestre Gabarrón

The loneliness of whales

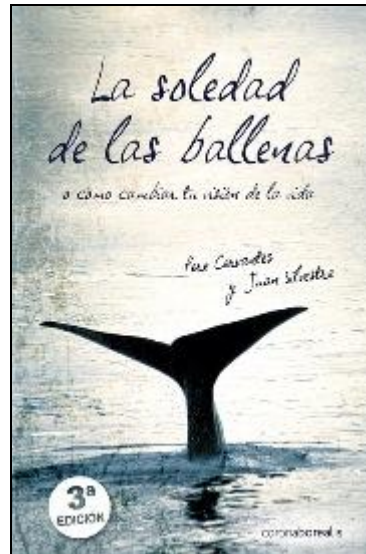
Or how to change your visión of life

Written as a fable, *The loneliness of the whales* recounts the last months of life of Cecilio, a sexagenarian man whose vision of life will give a 180 ° change from the hand of a beloved character named Pupas, a vital man with a past full of pain.

Strong characters such as a blind woman or nurse contrast with the sadness of his neighbor and only friend Salvador, but they all suffer the same disease: a sort of noise that does not allow them to listen to their inner wisdom. With plain language and the magical scenery of the city of Barcelona, this novel contains a string of simple and effective lessons that will surely make you see life differently.

Pere Cervantes (Barcelona, 1971). Law degree from the Autonomous University of Barcelona, since 1991 worked for the UN Service Commission, and for two and a half years in Kosovo and Bosnia Herzegovina. Trained as a screenwriter in the International Film Academy in Barcelona, is the author of several short films. Certified Professional Coach, works in ONDA CERO CASTELLÓN on morning programs with journalist Lorena Pardo.

Juan Silvestre Gabarrón (Mula, Murcia, 1975) Professional Coach, is certified as a Master in NLP, and holds a Masters degree in Human Resources. He collaborates with Onda Regional RAdio, where he advises the audience on issues of self-help in its program "Mur & cia."



67.000 words (266 pages)

World Spanish rights: Corona Borealis

Web:

www.lasoledaddelasballenas.com



Ecologic agriculture

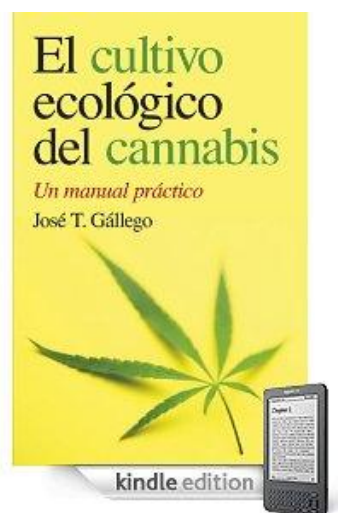
José T. Gállego

CANNABIS: BIOLOGICAL GROWTH

You can call it hemp, marijuana, ganja, bhang, pot and dozens of names. The cannabis plant has accompanied mankind for thousands of years. Cannabis yields more useful products for humans than any other cultivated plant in the world: oil, fuel, food, paintings, biomass, medicine ...

Growing marijuana is easy but sometimes it IS not. This manual outlines clearly, step by step, all aspects that must be taken into account if we want to grow the plant indoors and outdoors, for a particular purpose. We review the biology of the plant, explains how flowers, propagation techniques, where to get seeds, how to use the plant for medicinal use, its therapeutic uses or how to combat common pests.

Josete Gallego is journalist specialised in psychoactive plants. *Cáñamo* magazine columnist for ten years, also working with other publications, including the magazine *Cuerpamente*. He lives in a self-sufficient farm near Barcelona with his wife and daughter of five years, and is preparing a new manual on self-sufficient home. In his farm, and produces a wide variety of vegetables, have chickens, goats, horses, rabbits, cows and ducks. He makes his own cheese, oil and wine.



Spanish: Ediciones Urano

Publication: March 2011

44000 words.

« The more specific, accurate, comprehensive and practical manual that has been written about this topic in Spain. The author is a real authority on the subject. »

Self-help

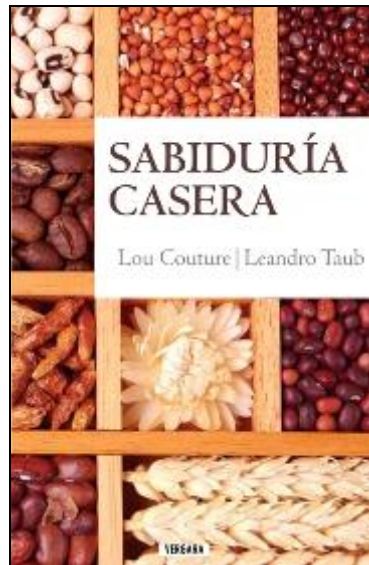
Leandro Taub and Lou Couture

Eastern Natural Remedies

The five keys to health and longevity: breathing, eating, movement, relaxation and positive thinking

This book synthesizes the lessons learned by Lou Couture in the way of personal growth that has taken him to learn traditional Indian therapies, naturopathy and Chinese medicine. In a simple and accessible way, this book explains simple methods, techniques and recipes that can be easily done:

Morning Habits
Vital Energy
Negative energy
Habits of the night
Sleep
The mind and doubts
Stress and depression
Feeding
Vegetarianism
Weight Control
Cardiovascular Health
Detoxification
How we relate to each other
Birth
Education
Death



30000 words

World Spanish rights: Ediciones B México

Leandro Taub was born in Buenos Aires, Argentina in 1983. BA in economics and finance. Simultaneously spends his days between India, Europe, China and the United States and is dedicated to writing about investments, politics, poetry, health and spirituality.

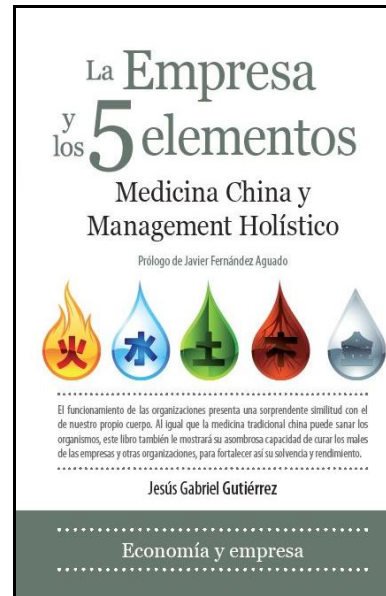
Lou Couture is a specialist in natural therapies. In 1996 he met Indra Devi and followed her teachings. He has opened several centers of yoga and natural therapies in South America and France. He offers courses and conferences in Argentina, Uruguay, Brazil, Canada, France and India.

Jesús Gabriel Gutiérrez

Management with the 5 elements

Chinese Medicine and holistic management

This book assumes that the functioning of organizations and our body have striking similarities. For instance, the same function that is embodied in the body through the kidneys, in a company is represented by the human resources department and the recruitment process. O, which is the same, our renal system is equivalent to what a company is the personnel management and internal relations. On the other hand, our life has a human resources department, in the same way that a company has a system failure. This perspective provides insight into the behavior of organizations in which we participate from a systemic. The approach of the book is inspired by the basics of traditional Chinese medicine, and coincides with the growing importance of systemic and holistic approaches both in the organizational level and the social aspect. It is aimed at people with varied interests: businessmen, consultants, coaches, teachers, psychologists, educators, sociologists, politicians, strategists, philosophers, researchers, therapists, etc...



Spanish (world): Almuzara, march 2010.

206 pages

Spanish language

Jesus Gabriel Gutierrez is 51 years old and lives in Barcelona. He is coach, lecturer, storyteller, writer, trainer and personal and organizational consultant. His unorthodox training has gone through psychology, sociology, anthropology, medicine, literature, history, philosophy and art. He is also a musician.

Marta Ligoiz

Marta Ligoiz specializes in behavioral neurobiology. Her first book, *Flight course for dream builders*, became a sales phenomenon and is now in its 6th edition.



BESTSELLER: MORE THAN 20.000 COPIES SOLD IN SPAIN

The magic book

In the life of everyone comes a point where it begins a major transformation, a metamorphosis, a chrysalis begins to unfold the wings of the conscience and the magic that dwells within each one of us. This is the story of Agnes, a woman who feels lost and alone. One day in the library, stumbles upon a strange book that seems to know her since a long time ago ... The protagonist is thrown into an adventure that will touch the line between reality and magic, finding that both worlds are united, and start to come out of her depression, learning to live step by step, to confront her fears, to succeed in finding her own strength, her essence and magic.

Spanish: RBA Libros / Portugal: Estrela Polar (Leya)



The invitation

A group of people gather every morning in a chat room, protected by anonymity, to escape with ease and frivolity of everyday problems. One night, there appears a mysterious participant with an unusual proposition: I'm looking for courage to participate in a game. After overcoming initial misgivings, four men and three women accept the challenge. From this point, the game leads to an island lost at sea where they are forced to confront their truths and lies as part of the process to achieve the degree of person. The prize that awaits us is priceless: the keys to modify both our own realities as our surrounding environment.

Spanish: RBA Libros



Carlos Goñi and Pilar Guembe

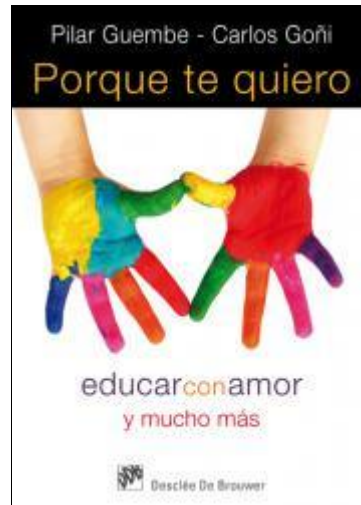
Because I love you

Advice to educate your child

All parents love their children, but not all know how to love them. Always giving them what they want, spoiling them, constantly being on top of them, not letting them make their own mistakes, going to extremes for them are all acts of love, undoubtedly, but they're not helping to raise them in the long run; in other words, they're not furthering the child's integral development.

To reach full maturity, our children will have to take many steps, and it is our duty to watch over their path; they must go through different stages, and we have to be there for them at each one; they will have to learn to make efforts, suffer, and sacrifice certain things, and we will have to do the same along the way.

Squandering the love we shower on our children means we are not making a solid investment, but rather acquiring a flashy, attractive sort of good that is ineffective in the long run. Loving our children is easy, and it comes naturally to us, but what they need is to be loved properly, and that we invest the immense capital of our love in a long-term savings account whose interests will be not for the parents, but for the children.



Spanish (world): Desclée de Brouwer

Publication: December 2010

130000 words

Spanish language.

Carlos Goñi Backlist

Carlos Goñi is Philosophy professor and has published many books on religion, philosophy and ethics.



Let yourself be happy

To find happiness is always surprising. Happiness is not known, but is recognized. Many people are not able to see her when it is near. The author helps us to draw back the veils that prevent us from achieving happiness and gives us some ideas to find it: to accept ourselves as we are, accept imperfection, knowing oneself, to assume commitments and take life with enthusiasm. Follow his advice: let yourself be happy!
Spanish: RBA Libros



Fuzzy Ethics

We live in an age of moral disorientation. It is not clear what is good and what is bad. Everything is considered acceptable. We are not beyond good and evil, but lost in a sea of fog, no compass, no references, no lighthouse to guide us, aimlessly. We live in an era of fuzzy ethics.

Spanish: Palabra

Isabel Leal

Isabel Leal is a graduate in business management and worked for 20 years in national and international companies. But with the children where he found his true vocation. In her work as educational trainer, she uses alternative techniques such as reiki, meditation or gem therapy. She regularly works with Portuguese television programs and various publications. She has offered international conferences based on her knowledge of indigo, crystal and rainbow children. Her meditation courses for children are specially designed to support school work.

152 pages. Portugal, Pergaminho 2009
World Spanish rights: Corona Borealis 2011

MEDITATIONS FOR CHILDREN Wellnes and inner peace source



The meditations proposed in this book can be done at home, at kindergarden or at school. The school, which is an environment for creativity and growth, must adopt new ways of thinking and working. Meditation helps to find creative solutions to conflicts. The interior of the children is genuine, meditation can help us share with them moments of great wisdom.

CHILDREN OF A NEW WORLD Indigos



Indigo Children's mission is to awaken humanity to change. These are children who prove to be exceptional in various ways: intuitive (almost telepathic), creative, sensitive, able to recognize the presence of ethereal beings and to see beings of light. They are born with highly developed spiritual capacities. Those around them do not always recognize their gifts and they can be considered hypersensitive or hyperactive children. Isabel Leal offers practical advice to share with readers their experiences with these special children.

CHILDREN OF A NEW WORLD Crystals



Crystal Energy is wide-ranging and spiritually intense. This energy is essential for the transition to the Aquarian age. Crystal children have come to this planet to make this transition possible. Their mission is to transform the world through their presence. Isabel Leal reveals the main features of the Crystal children, explaining the role, with the aim of helping parents and educators to join them in their development.

get inspired to search our own places.

Personal growth / Creativity

Luis María Cano

JOURNEY TO SUCCESS

"There are many ways to success, but for you there is only one: the one you choose and want to achieve."

Arthur, the hero of this amazing story, gets a mystery train ride. He will know many different characters to help you improve your attitude toward life. A fascinating and rewarding journey to success and personal satisfaction.



Spanish: Sirio, Autumn 2008

125 pages.

Travel/ Coffee Table Books

Marcelo Lerer

THE SECRET BOOK OF SECRET PLACES - CPH

11 artists give away their secret places in Copenhagen

A secret place might be a part of the town, a parc or a museum. It could be a bar, a sculpture or a church – a bench, a walk, everything. It is not necessarily astatically – but always places of great importance for the artist. Every chapter is dedicated to an artist who introduces the specific spots in words and pictures. For the artists the secret places are full of meaning. Emotions, memories and experiences are linked to the spots. We borrow their stories and experience the places in a new way - and we

The book...

- Is a hard cover artbook with a collage of pictures and words in 204 pages
- It is a graphic book in two versions; a Danish and an English, numbered, kept in a box, provided with a belt of paper, edited in four colours
- gives possibilities for concentration and experience for both the curious tourist and the born Copenhagener
- Is full of secrets telling about peoples meeting with the world, about charging the places with meaning, about everyday life in Copenhagen, about memory, childhood and places that do not exist any more